

**Central Carolina Surgery, P. A.**  
**Bariatric Surgery Program**  
**1002 North Church Street, Suite 302**  
**Greensboro, NC 27401**

**Physicians providing Bariatric Surgery**

**Kristen R. Earle, MD, FACS**  
**Benjamin T. Hoxworth, MD, FACS**  
**Matthew B. Martin, MD, FACS**  
**David H. Newman, MD, FACS**

**Where Bariatric procedures will be performed**  
**Wesley Long Community Hospital only**

**How to contact the Bariatric Liaison**  
**Call Carol Foushee at 336-387-8201**

**Criteria patients MUST meet**

- ❖ BMI of 35-40 with 2 co-morbidities, exhibiting a medical condition directly caused by, or made worse by extra weight (i.e. hypertension, diabetes, sleep apnea, etc.) **OR** have a BMI of 40-50
- ❖ Failure to lose weight in documented participation of at least 1 formalized weight control program
- ❖ **Documentation of medical history (including weight) for the past five years**

**About the procedure - Laparoscopic Roux-en-Y**

**Description**

Stapling is used to create a small upper stomach pouch, restricting the amount of food able to be consumed.

**Results**

- ❖ Average of 77% excess body weight loss one year after surgery
- ❖ Studies indicate after 10-14 years, patients maintained 60% of excess body weight loss
- ❖ Studies of 500 patients showed 96% of certain associated health conditions were improved or resolved

**Peri-Operative Risks**

- ❖ Infection
- ❖ Hernias
- ❖ Staple line leaks
- ❖ Intestinal obstruction
- ❖ Blood clots

**Post-Operative Risks**

- ❖ Poor absorption of iron and calcium, protein malnutrition
- ❖ Chronic anemia due to Vitamin B-12 deficiency
- ❖ Dumping syndrome can occur when too much sugar or large amounts of food are consumed
- ❖ Stomach pouch stretching
- ❖ Bypassed portion of stomach, duodenum & segments of small intestine cannot be easily visualized using x-ray or endoscopy
- ❖ Death