

## **Home Care Instructions – Laparoscopic Cholecystectomy**

**Activity:** You may shower the day after your surgery. Pat the puncture wounds dry – do not rub them. Rest today. You may be out of bed, walking and resume activities as you are able. Do not do any lifting greater than 10 pounds for two (2) weeks or as instructed by your doctor. It is OK to drive in a few days when it is comfortable.

**Meals:** Resume your normal diet as tolerated unless otherwise instructed by your doctor. Avoid alcohol while taking prescription pain medications.

**Wound Care:** The Band-Aids which are placed over the puncture wounds may be removed the day after surgery, or as instructed by your doctor. The paper strips should not be removed for a week or until they begin to fall off. The puncture wounds should be kept clean and dry. If the incisions become reddened or swollen, check with your doctor.

**Return to Work:** One to two days or as indicated by your physician.

**Call your doctor if any of these occur:**

- Redness
- Drainage, or swelling at puncture wounds
- Temperature greater than 101 degrees F
- Severe pain not relieved by non-aspirin products or prescribed pain medication