

## **About CCS**

### **Welcome to Central Carolina Surgery**

We are a group of general surgeons serving Greensboro and the surrounding Triad communities. The physicians and staff of Central Carolina Surgery offer our patients the highest quality of care in a pleasant setting. CCS provides a full range of general surgical and laparoscopic procedures including surgery for breast cancer and benign breast disease, hernias, thyroid gland, colon surgery, and evaluation and treatment of conditions of veins and arteries. CCS also provides services for injured patients through the trauma program at Cone Hospital.

## **Appointment Procedures**

Patients are normally seen by appointment only. We request that you notify our office promptly if you are unable to keep your appointment. We also ask that you be prompt for your appointment and allow enough time at each visit to update information.

## **Contacting Us**

We welcome and encourage you to call our office should you have questions. Our staff is available to take your calls from 8:30 a.m. to 5:30 p.m. If you have an urgent problem, the nursing staff will help you, and a physician is available to see urgent problems 5 days a week. A doctor is available for emergencies 24 hours a day 7 days a week. You may contact the doctor at the office or through the answering service at any time by calling **336.387.8100**.

## **Patient Notes**

(please use the space below to write questions you may have of your physician)



# **Hemorrhoids**

*An Alternative Surgical Approach*

## **PPH**

*(Procedure for Prolapse & Hemorrhoids)*

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# Hemorrhoids

## Stop the Suffering !!!

### What are hemorrhoids?

Hemorrhoids are a condition in which the veins around the rectum become swollen when stretched under pressure. While hemorrhoids are not dangerous, they can be very painful.

### Common causes

- standing or sitting for extended periods of time
- diarrhea
- constipation
- severe coughing
- childbirth
- heavy lifting

### Types of hemorrhoids

**Internal** – don't hurt or itch, sometimes causes bleeding which should be evaluated to rule out a more serious condition

**External** – pain, burning, itching, bleeding

### PPH – Procedure for Prolapse & Hemorrhoids

Technique that reduces the enlargement of hemorrhoidal tissue

#### Minimally invasive surgical approach

- ❖ Less Pain – procedure is performed above the pain line, affecting fewer nerve endings
- ❖ Quicker Recovery – return to work and activities sooner
- ❖ Less overall complications
- ❖ Need for less post-operative pain medication

### About the procedure

- Uses a hemorrhoidal circular stapler device
- Procedure “lifts up” and repositions the tissue.
- Reduces the blood flow to the internal hemorrhoids

### Results

Hemorrhoids then shrink within 4- 6 weeks after the procedure and allows the anal tissue to be restored to its original anatomical position

### Call for an appointment

**336 - 387-8100**

Please visit our website @  
[www.centralcarolinasurgery.com](http://www.centralcarolinasurgery.com)  
to meet your doctor.