

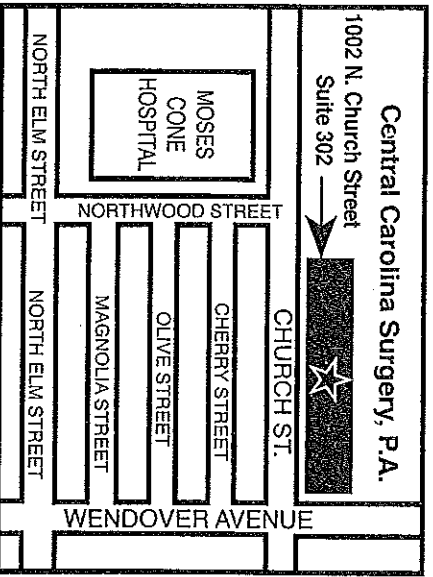
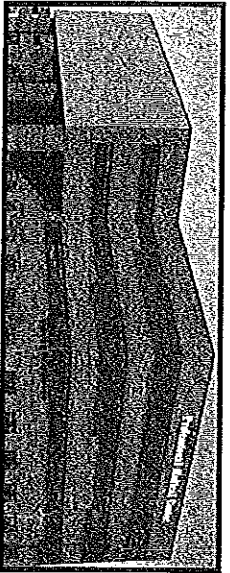
Your appointment is with

Notes: \_\_\_\_\_

Dr. \_\_\_\_\_

On \_\_\_\_\_

At \_\_\_\_\_



Visit our website @  
[centralcarolinainsurgery.com](http://centralcarolinainsurgery.com)  
 for additional information  
 about our practice

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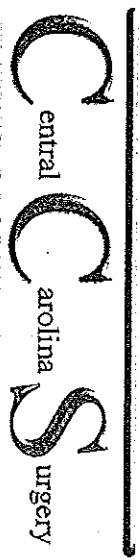
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# WEIGHT LOSS SURGERY

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## Central Carolina Surgery Bariatric Team

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## Morbid Obesity – An Increasing Health Condition

According to a recent Surgeon General's Report, obesity has reached epidemic proportions in the U.S. In 2001, an estimated 64 percent of U.S. adults were overweight. According to the Centers for Disease Control, obesity rates for North Carolina were rising rapidly.

The National Institute of Health advises that severe obesity is a debilitating disease that substantially increases health risks for coronary disease, diabetes, stroke, hypertension, sleep apnea, respiratory problems and osteoarthritis.

There are approximately 10 million Americans who are considered morbidly obese when their body mass index (BMI) is 40 or above, or 35 and above with associated life-threatening conditions. A general rule is a person 100 pounds or more overweight is morbidly obese.

## Weight Loss Surgery (WLS) – A permanent solution – Bariatric Surgery

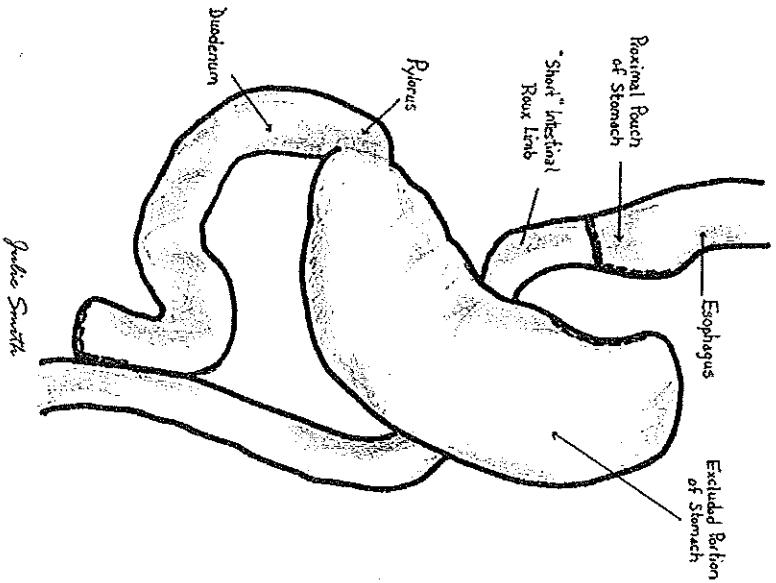
Conventional weight loss methods generally fail to produce permanent weight loss. Studies indicate patients on diets, exercise programs or medication lose approximately 10% of their body weight, but tend to regain most of the weight they lost within a year and almost all within 5 years.

Many morbidly obese people find that every diet, medication and gimmick has consistently failed and ultimately has worsened their condition. Weight Loss Surgery can produce profound sustained weight loss.

## Roux-en-Y – The "Gold Standard" in WLS

Roux-en-Y Gastric Bypass (pronounced rue-en-y) or RGB, has long been considered the "gold standard" in weight loss surgery. Long term studies demonstrate substantial sustained weight loss after the Roux-en-Y procedure.

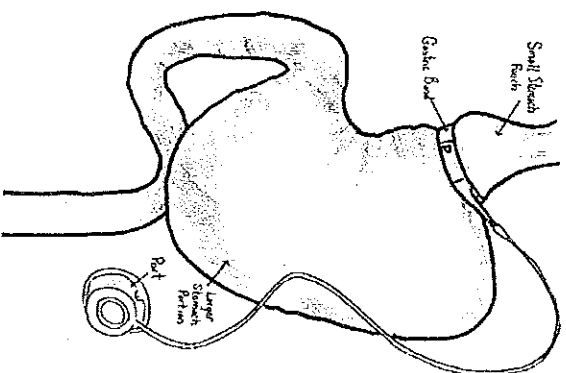
Roux-en-Y changes the size and shape of the stomach. The surgeon transects the stomach to create a "pouch" about the size of a Dixie cup at the top of the stomach to receive food. A Y-shaped segment of the small intestine is attached to the pouch, so that food "bypasses" the rest of the stomach and first part of the small intestine. Based on certain criteria, many medical insurance plans cover RGB surgery.



## The Lap Band - New Innovative WLS

## The Lap Band - New Innovative WLS

The Lap-Band System is the nation's newest, most innovative surgical procedure for treatment of morbid obesity. The Lap-Band is the least invasive of all operations to reduce the size of the stomach. Sometimes referred to as "banding", the procedure uses an adjustable silicon ring, which is placed around the stomach and tightened or loosened to control food capacity and appetite. Patients experience reduced surgical trauma, less pain and minimal scarring, as well as shorter recovery time; however, the Lap-Band may not be covered by some medical insurance plans.



## Are You a Candidate?

- BMI = 40 or greater or BMI = 35 or greater with 2 co-morbidities, exhibiting a medical condition directly caused by or made worse by extra weight
- Failure to lose weight in documented participation of at least 1 formalized weight control program
- Documentation of medical history (including weight) for the past 5 years

## How to contact us

Call the Bariatric Surgery Information Line at (336) 387-8201.