

## Home Care Instructions – Port-A-Cath

**Wound care:** The dressing placed over your port-a-cath should be kept clean and dry for (*ask your doctor*) \_\_\_\_\_ days. After the dressing is removed, you may clean the area with hydrogen peroxide. You may shower or bathe beginning (*ask your doctor*)\_\_\_\_\_.

**Activity:** Do not drive nor operate any equipment today. Avoid lifting heavy objects. Resume normal physical activities as instructed by your doctor.

**Meals:** Eat light foods the day of your procedure (after your procedure). You may return to a normal meal plan tomorrow.

**Call your doctor if any of these occur:**

- Persistent or heavy bleeding
- Fever equal to or higher than 101 degrees F
- Pain, redness or swelling around the incision